

Is the Food Movement a Spiritual Movement ?

Many Questions to Ask

by: Maria Whittaker, FFD Board Member

Is the food movement a spiritual movement, as much about cultivating human consciousness as it is about cultivating human food?

Is the food movement a spiritual movement as much as about using gardening and traditional methods of farming, to connect us with the consciousness deep within us, as it is about cultivating food?

Is the food movement a spiritual movement, to reclaim our lives from the onslaught of a mechanized, impersonal, disjointed modern life which separates us from the deepest part of ourselves?

Is the food movement at the root a spiritual movement, humanity unconsciously working to reclaim its consciousness amidst the onslaught of human unconsciousness?

Is the food movement a spiritual movement, as much about humanity reclaiming its divinity, its birthright to peace, wholeness and its own completeness as individual and collective beings, as about humanity feeding ourselves sustainably and justly grown, healthy, and nutritious food?

Is the food movement a spiritual movement, and effort to save ourselves by reconnecting with the deepest wisdom, consciousness, intelligence, knowledge, and peace that lies within us, that is our birthright, our essence, who we are at base, but from which we are becoming more and more disconnected?

Is the food movement a spiritual movement, actually orchestrated by consciousness itself, rather than a movement constructed by humanity, to restore order, peace and consciousness to the world?

Is the food movement a spiritual movement, orchestrated by consciousness itself, rather than by a humanity out of touch with its own true nature?

Who is in charge, humanity or consciousness?

What is consciousness?

How can we cultivate and harvest it.

What is our true nature?

What is really going on in the food movement?

What is it really?

Who are we really?

And what are we really doing?

Can we become conscious of the deepest reality, what is really going on with the food movement and all its connections and ramifications?

Is the food movement a spiritual movement, cultivating consciousness itself?

EDITOR'S NOTE:

You can find more of her blog posts about human healing, transformation, and spiritual agroecology at: <https://fssg.blogspot.com/p/about-local-to-global-advocates-for.html>